



**Check out  
Information  
about AWP 2019  
Conference in  
Newport, RI!!!**

## INSIDE THIS ISSUE:

Co-Co's Corner	1-2
Introducing Our New Staffer	2
Older Women's Caucus	3
Announcement for Regional Chapters	3
#AWP2019	4-6
AWP Herstory Project	7
Editor's Reflection	8-9
Firebrand Feminism	10
The Renfrew Center Conference	11-13
AWP Awards, Award Winners, and Call for Awards	14-17
IMP Meeting Minutes	18-19

## CO-CO'S CORNER BY SHARON SIEGEL

Greetings AWP'ers

Warm greetings from Palm Springs. We are in "High Season" here, with temperatures in the 80's (boast boast). I certainly hope that this Autumn has treated you gently and that your winter (the darkest season of the year) will be a time of going inward, making space for meditation or reflection, and turning your political actions to more quiet direct actions. We are just past the Autumn Equinox now, and about to celebrate the abundance in our lives with Thanksgiving.

Although we are grateful for all we have, let us not live in the illusion that most families are functional and loving, gathering around the table to love one another. Bless the families that can do that! However, let us not forget the countless number of people who are oppressed, displaced, hungry, homeless and suffering. Let us do all we can to heal the world.

Speaking of healing:  
AWP's Rhode Island

conference, our fiftieth anniversary year, is coming up as next springtime begins. Co-Coordinator Mary Zahm and Kat Quina, and a fabulous collective of feminists of all ages, are excited to host a Happy fiftieth birthday conference for AWP in Newport, RI, in 2019. They have arranged reasonable hotel rates at Gurney's Newport Resort & Marina.

**AWP's Rhode Island  
Conference  
Pre-Conference  
Sessions and Welcome  
Reception February 28,  
2019  
AWP Annual  
Conference: March 1-3,  
2019  
Gurney's Newport  
Resort & Marina**

**February 28 - March 3,  
2019**

**Goat Island, Newport,  
Rhode Island  
#AWP2019  
Providence is the Nearest  
Airport  
Kingston is the nearest  
train station**



**Sharon Siegel  
Collective Coordinator**

With great excitement, Mary and Kat write: "This location and its views are among the most spectacular in Rhode Island, tucked into the tip of a small island just off the Newport Harbor with ocean views from almost every room (<http://www.gurneysresorts.com/newport>). The main social space opens directly onto one of the best views! The hotel, which had seen better days, recently underwent a massive renovation and should offer a pleasant experience for attendees (even in March)! It has an attached conference center which allows for more privacy, free parking,

## THE CO-CO'S CORNER (CON'T)

excellent food at a reasonable price, a heated indoor pool and workout room and ongoing exercise/yoga classes, and a great spa which will offer discount massages and other treatments to our attendees. Free shuttles will take guests to downtown Newport, about half a mile away, or other local attractions, but walking across a short (safe) bridge is another option. The Resort is also offering an option to donate 3% of some profits to the charity of our choice (we are that charity, in your CoCo's opinion!).

What more could we ask for? Well, how about direct actions, and asking, praying, demanding, invoking a Divine Power — for a return to political sanity, an end to national dismay and tension, peace, help for underserved

*“We DO ask for  
direct, nonviolent,  
feminist,  
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actions, as we  
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Chat (and voice)  
... our concerns.”*

Sharon Siegel

populations, and hope for a bright future for all. We DO ask for direct, nonviolent, feminist, inclusionary actions, as we talk, lecture, blog, video, Facebook, Twitter, Instagram, Snap Chat (and voice) ... our concerns.

As we turn to our conference and pleasant interactions with old and new friends, let us bring feelings of sisterhood and kindness to one another, and comfort ourselves with the knowledge that even if we get disgruntled from time to time, we remember how we want to be treated, and how to treat others with the same respect we relish.

Warm regards to all,  
Sharon  
Your CoCo

## INTRODUCING CLARE MEHTA NEW STAFFER / REGIONAL COORDINATOR



Clare Mehta  
New Staffer / Regional Coordinator

I am an associate professor at Emmanuel College in Boston. I am a developmental psychologist and my research focuses on gender and friendships...with a sprinkling of contextual influences on gender identity on the side. I love French fries more than anything (ANYTHING) and have recently discovered pineapple...I'm not sure where it's been all my life (trees, and other people's houses, probably).

I've been an AWP member since 2008, when Rhoda Unger convinced me to go to my first AWP conference...and to give her a ride to Rhode Island from Boston! At that first conference, I came in knowing no one, but left with a whole host of new feminist friends...

including Cat Pause with whom I co-created the early career caucus with at that very meeting! I have also served as co-chair, with Katie Edwards of the Featured Feminist Science Symposia Series, and am currently the co-coordinator of the researcher's caucus.

My new role on the Imps is staffer... which means I get to recruit new Imps! So now for my shameless plug! If you think you might be interested in being an Imp...please reach out. I'd love to hear from you and work with you to identify a position that would be a good fit! My email address is [mehtac@emmanuel.edu](mailto:mehtac@emmanuel.edu).

## OLDER WOMEN'S CAUCUS BY LEONORE TIEFER

The 2019 conference will be special for the OWC because of its focus on AWP herstory. Mary Hayden has been tracking down former Imps and formerly active members whom we haven't seen for years, and quite a few of them are now planning to attend. Maureen McHugh is planning the in memoriam session and we are going to start archiving these sessions in some way to celebrate the passing of the generations. I have been working on a bunch of exhibits and a video all focused on AWP herstory (see article elsewhere in the newsletter).

We now have an official paragraph on the caucus page of the AWP website: <https://www.awpsych.org/caucuses.php>. No one has contacted me through it yet, but hope springs eternal.



Leonore Tiefer

I'll submit a 1/2 day OWC preconference workshop for Rhode Island to be held Thursday afternoon, Feb 28, 2019. It will be based on the 2012 Ellen Cole, Mary Gergen edited book Retiring But Not Shy: Feminist Psychologists Create their Post-Careers. You can get a used copy from Amazon for under \$13. I suggest anyone planning to attend the workshop read this book and I welcome ideas for the workshop format. I found the book very interesting.

Hope all is going well. Get in touch for any reason: [ltiefer@mindspring.com](mailto:ltiefer@mindspring.com).

## AWP IMPs WOULD LIKE TO HEAR FROM YOU!!!

We would love to hear from memberships about ideas, thoughts, and feedback on what we do and how we can support and change this organization for better. Please contact us via email (all of our email contacts are on the very last page of this newsletter). Also, if you have any short pieces you would like to share with membership, please contact Yuki Okubo at [yxokubo@salisbury.edu](mailto:yxokubo@salisbury.edu).



Our new AWP Website  
<https://www.awpsych.org/>



AWP Facebook page:  
<https://www.facebook.com/groups/29473119739/>

## REGIONAL AWP CHAPTERS

Are you involved with an active regional chapter of AWP? Are you trying to reactivate or start a regional chapter? If so, our implementation collective staffer, Clare Mehta would like to hear from you! Clare is currently working on updating the regional chapters list. If you are involved with a regional chapter, at any stage of development, please email her at [mehtac@emmanuel.edu](mailto:mehtac@emmanuel.edu) and let her know what state you are in, and the names of chapter coordinators. Feel free to also share any information on events, get togethers, or activities your chapter has hosted!

# #AWP 2019

## THE RHODE ISLAND AWP CONFERENCE

### PLANNING COLLECTIVE

#### BY MARY ZAHM & KAT QUINA

We are looking forward to celebrating AWP's 50<sup>th</sup> year with you in Newport, RI! We invite you to participate in some special celebrations of our past, our present, and our future, and to recommit to your own role in each. We are delighted at the number of proposals we have received; notification will go out as soon as reviews are completed. Registration will begin January 1. In this issue we'll offer some highlights of the conference experience.

We are excited to announce four invited speakers who will inspire us and help us focus on things that matter. Our Conference Collective selected them because they are making a positive change in the world through their work, their passion and their commitment. In addition to impressive contributions in their fields, each is making a difference in the lives of others through her mentorship and activism. Their energy will give us a great dose of Vitamin F! We are also looking forward to hearing from some terrific AWP award winners who will be featured in our next column.

**Laura Brown**, our Friday morning opening keynoter, helped organize some of the earliest AWP conferences and has also served feminist psychology in many roles throughout APA and other organizations. A powerful voice for feminist psychology, feminist therapy, LGBT+ issues, and trauma recovery, among other issues, she is a therapist, teacher, author, and activist. She has earned distinction across professional disciplines, but she is also deservedly proud to have recently earned a black belt in Aikido, whose lessons she incorporates into her work ([www.DrLauraBrown.com](http://www.DrLauraBrown.com)).

*"Speaking of birthdays, there will be much celebration of those who are gold, those who are bold, and those with stories yet to be told"*

*Mary Zahm  
& Kat Quina*

Saturday's plenary panelists include **Jennifer Freyd** and **Shari Miles-Cohen**. Jennifer's groundbreaking research on trauma psychology has led to greater understanding of betrayal and its consequences, for which she has earned numerous awards. She is highly sought out by college campus groups, activists such as Ashley Judd, leaders of corporations such as Google, and government officials such as Kirsten Gillibrand to discuss her work on institutional betrayal and its feminist alternative, institutional courage ([www.dynamic.uoregon.edu](http://www.dynamic.uoregon.edu)). In her role as Senior Director of the Women's Program Office at APA, Shari is making a difference every day not only through regular programming but also through special projects such as *I Am Psyched!*, which will be on exhibit through our conference. Her work has included improving the lives of women of color and health promotion and STEM education for women with disabilities (<https://www.apa.org/pi/women/programs/leadership/shari-miles-cohen.aspx>).

AWP's historian, Leonore Tiefer, is leading the efforts to make a number of gems of **AWP history** fun, informative, and accessible to everyone, whether you've been in the organization since the beginning or this is your very first AWP conference. Various exhibits will showcase our history, including a map of all of the AWP conference locations (along with an interactive online version!), previous conference programs, and a collection of AWP newsletters (even a few mimeographs!). You can experience AWP's impact through a video compilation of interviews with members of all ages and a chance to meet and honor those who have served in the organization since our founding. Stay tuned for other interactive exhibits and games, including AWP trivia. After the conference, these materials will be sent to the History of American Psychology archives in Akron, Ohio.



## #AWP 2019 (CON'T)

This year, you will have the opportunity to engage in an **interactive photo activist project**. In keeping with the conference theme, think about your own feminist journey. Where are you on that journey? Did it begin in a class, with a mentor, a book you read, a piece of art or poem? We will be taking your photo and sharing it on social media to create awareness of the many ways we come to feminism. Bring a feminist (or two or more) who inspired you and create a special memory. There will also be an opportunity to take selfies and post your own photos (use the hashtag **#AWPFeministJourney**).

To create change in the world we need to take care of ourselves. In addition to a variety of wellness activities, we are planning a rousing opening and fun evening activities. Several of us thoroughly enjoyed the feminist karaoke at AWP 2017, so start practicing **R-E-S-P-E-C-T** for Friday night! By popular demand, the fabulous **Kim Trusty** and her band are returning this year; they really rocked AWP-Newport in 2009! If you don't dance you'll still love her amazing voice! ([https://www.youtube.com/watch?v=ea\\_OHApyb0](https://www.youtube.com/watch?v=ea_OHApyb0))

Speaking of birthdays, there will be much celebration of those who are gold, those who are bold, and those with stories yet to be told. *And there will be cake!*

Meanwhile, our local group continues to pack in as much fun as we can while we work, in spite of challenges like Val's very-broken ankle. After our last meeting, a few of us elders hit the Newport beach scene, complete with floppy hats

and comfy chairs – another kind of feminist journey! We welcome your ideas, your energy, your support and your wisdom. Feel free to contact us at [kquina@me.com](mailto:kquina@me.com) or [mary.zahm@bristolcc.edu](mailto:mary.zahm@bristolcc.edu).

*Call for Proposal  
Deadline Extended  
to November 1st,  
2018!  
Submit at  
<https://www.anpsych.org/>*



Top Row (L to R): Mala, Jacqui, Heather, Kat

Bottom Row (L to R): Pam, Mary, Alexa, Sue, Renee, Joan, Sara, and Val

# PRACTICAL INFO. ABOUT #AWP 2019

## BY MARY ZAHM & KAT QUINA

### How do I get to Newport?

We think you'll love Newport as much as previous attendees have; it lies on a point of land between the Atlantic Ocean and Narragansett Bay, with miles of beautiful shore and a rich history. But it is not close to transportation hubs, so here are your best bets:

#### **By Air:**

- Providence Airport (PVD), which is actually located in Warwick, RI, is about 45 minutes from Newport. Don't forget to check out rates on Southwest Airlines; they don't appear on most search sites.
- Boston Logan Airport (BOS), which often offers better cross-country or international rates but will require an extra couple of hours to get to RI. Peter Pan bus lines (<https://peterpanbus.com>) offer an airport bus from Logan to Providence, where you can catch other transport to Newport, or check out Lyft/Uber costs which may be reasonable if shared.

#### **By Train:**

Amtrak's northeastern corridor trains stop in Providence and Kingston, RI. Kingston is closer to Newport, but fewer trains stop there.

#### **By Auto:**

Ocean Drive in Newport is beautiful, as is much of the south-coastal trip up I-95. Valet or self-parking is free at the hotel. GPS address is 1 Goat Island, Newport, RI. Note: There is a toll of up to \$4 (reduced for E-Z Pass) crossing the Newport Bridge (from the west/southwest or points south).

### How do I make hotel reservations?

Gurney's is located on Goat Island, adjoining downtown Newport, jutting out in the bay (<https://www.gurneysresorts.com/newport>). A 24-hour shuttle to downtown Newport is available on request, although the walk is also nice (albeit brisk in winter!). The reservation link is [here](#) and is also available via the AWP 2019 conference site on [www.awpsych.org](http://www.awpsych.org) or through the hotel's reservations office at 401-851-3332 or -3366 (specify "AWP ROOMS"). Reservations must be received by Thursday, February 7, 2019, to get the conference rate of \$139.00 plus taxes (13%) on standard rooms. For disability access, please register early directly with the hotel. A limited number of rooms with two queen beds must be reserved through the hotel's reservations office by phone. Upgraded rooms with water views or suites are available for an additional charge.

### The last leg to Newport is a bit more complicated...

#### **Bus:**

RIPTA bus lines are available from downtown Providence (Rt 60), PVD airport (Rt 14), and the Kingston train station (Rt 64); requires a walk of a few blocks from airport or Providence train station ([ripta.com](http://ripta.com)). Newport Gateway Visitor Center is the last stop; call the hotel for the free shuttle (401-298-2460). Note that bus service on Sundays is severely limited.

#### **Car Services:**

Limo and taxi service are available but can be costly (up to \$150 for a car of 6 people). Lyft and Uber cost approximately \$40 (up to 4 people) and are available at all sites; airport pickups require a 2-block walk.

#### **Rental Car:**

A range of rental cars is available at the PVD airport; see "by auto," above.



### Where can I get good food?

Breakfast and receptions are provided with your registration for the conference. The hotel offers a small take-out café with breakfast goodies, sandwiches and salads, and drinks, as well as a medium+ priced breakfast/lunch restaurant and a more expensive (but very good!) Italian meal at Scarpetta.

But Newport is also a foodie's dream, even off-season. A few blocks away (or a quick free shuttle ride) are dozens of options, from \$\$ (e.g., Panera's) to \$\$\$ (e.g., the Moorings, a personal favorite of ours, and Brick Alley Pub). Reservations are recommended for some of the more popular restaurants (if they don't take reservations, expect a wait during peak hours). We will have information and some group signup sheets at the conference.

## PREPARING AWP HERSTORY EXHIBITS FOR 2019 BY LEONORE TIEFER

Since the Philadelphia meeting, aided by a small grant from the Imps, Rachel Corbman and I have been making exhibits about AWP's history that will be displayed in Rhode Island, uploaded in some form to the AWP website, and sent to our archive in Akron. It's all both exciting and hugely time-consuming! Rachel Corbman is a women's studies PhD student at Stony Brook with a background in archiving who has been working with me every week here in my NY apartment, which looks like a supply closet with boxes and piles of paper everywhere.

We have collected all the AWP newsletters going back to 1970 (except for 3 issues in 2000, 2 in 2001, and 2 in 2002), and will make some kind of collage exhibit with a selection of them. IF YOU HAVE THE MISSING ONES, PLEASE GET IN TOUCH!

We have collected all the AWP conference programs (except for 1987 and 2006) and will have a display. IF YOU HAVE THE MISSING ONES, PLEASE GET IN TOUCH!

We're making a chart of all the Imps (starting in 1980) and all the officers 1970-80, before AWP moved to the Implementation Collective model. Mary Hayden's been contacting former Imps no longer active in AWP to invite them to Rhode Island and quite a few long-lost sheep will be showing up!

We've made a chart of all the caucuses over the years, and their chairs. (This wasn't so easy and may not be complete)

We have a map of the US on my living room wall, with a bright post-it identifying each conference location

*"If you have the  
missing AWP  
newsletters or  
interesting photos,  
please get in  
touch."*

Leonore Tiefer

by year. Rachel made a googlemap that will be on the website, in which if you click on each location, you get information about the conference (coordinators, theme, notable elements).

I have taken lots of photos over the years and have been collecting others. We're scanning them and will be displaying them in some fashion as well as sending them to Akron. IF YOU HAVE INTERESTING PHOTOS, PLEASE GET IN TOUCH!

The Pièce de résistance (fingers crossed) will be a short video about AWP that we'll show in Rhode Island and will be on the website afterwards. Gail Lloyd filmed 18 interviews in my hotel room in Philadelphia, with interviewees answering questions posed by Cathy Faye of the U. of Akron History of Psychology Library (where our archive is located). Rachel and I are working with an editor to make a little film using the interviews that will showcase some of the reasons our organization has lasted so long - activism, mentorship, inclusion, sisterhood, seriousness, fun, emotional support, networking, feminist process...

Any thoughts about any of this or any materials to share, please get it touch ASAP! ltiefer@mindspring.com or 646 279 2248.



Leonore Tiefer



## EDITOR'S REFLECTION BY YUKI OKUBO

### #BigLove

This August marked a 3<sup>rd</sup> year anniversary of my big transition from California to Maryland, from graduate to undergraduate teaching, and from living in an urban area to a town with a population of 30,000. It has not been an easy transition for my husband and I, as both of us are from big cities, and we have taken for granted the convenience and diversity urban cities offer.

As we approached the summer of 2018, we were keenly aware of a leap the town of Salisbury was making, as it won a bid to host National Folk Festival for the next three years. It was a huge undertaking for Salisbury, a largest city in Eastern Shore, yet most activities happen on Salisbury University campus. With an anticipation of 10,000 people visiting, the city was buzzing.

Josh, my husband, decided to contribute his artistic talent by applying to a competition to have his art object to be featured during the Festival. Three months of intense work and continuous noise of 3D-printers commenced, while I conducted community-based research on race dialogues and help in whatever the way I can as a non-artist. It was one of the most intense working summer both of us had. At the time we made our commitment to the Festival, we did not

realize how much impact it would have on our daily lives during preparation or shortly after the Festival. As I continue to reflect on this event, it has taught me invaluable lessons on community organizing, sense of belonging, and community compassion.

Witness city of Salisbury create something from scratch and rally around the Festival was empowering. Many friends and colleagues were volunteering and helping with the operation of the Festival. Most vendors were local artists, representing the uniqueness of what Eastern Shore has to offer. There was a systematic effort in place to have a Green event where for each waste and recycling station, a volunteer helped the attendees how to properly discard their waste. Community pride and efficacy were overflowing for the entire weekend of the event.

For the past three years, my experience of the community has been a combination of conservatism fueled by the insiders (those who have been in the community for generations) distinguishing themselves from the outsiders (those who relocated to this community due to employment at the university and at a regional hospital, which include us), racial divides among Whites, Blacks, and migrant farmers, and sociocultural divide of locals (e.g., agricultural farmers and chicken farmers), professionals (university and regional hospital affiliates), and students (many of whom come from other parts of Maryland). This event brought me a sense of community for the first time, where a large group of people were coming together with an intention of serving the community. It was beautiful to witness and provided me with a sense of community and belonging that community psychologists discuss that are sufficient and necessary for community organizing (Baumeister & Leary, 1995; Kloo et al., 2012).

The Festival also brought a time for reflection for me in thinking about how I contribute to this community. I have wonderful colleagues and friends who exemplify their own ways of contributing. For example, one friend led the recycling effort, using her expertise as a Political Scientist who studies garbage, while another attended to Korean fan dancers as a volunteer using his language and cultural broker skills. Being active in a community looks different for everyone, and as I continue to engage with this community, I hope that I will be proud of how I engage with it.



**Yuki Okubo (Newsletter Editor)  
with her husband Josh Killen**



## EDITOR'S REFLECTION (CON'T)

While I have grown to like what this town has to offer, it is a very quiet town where things move quite slowly, and descriptors such as vibrant and energetic would not be used. However, the Festival weekend was different. In spite of rainy weather, people from near and far came to enjoy live music, arts and crafts, and food. Performers were in good spirits and through their talents became one with the audience. Positive energy was emanating from all stages, vendors, and activities, and it was infectious! I had been making announcements to students in my courses, most of whom were not interested in hearing about the Festival, so it was refreshing to realize that there are many others who were interested and invested in this event.

In the last year or so, as I became more active on campus and its surrounding, I was starting to get overwhelmed with all the causes I wanted to support with limited time, conflicting events, feeling like whatever I was doing, it never seemed enough. The Festival provided all of us to come together and focus on one thing, to have a successful national-level Festival in the city of Salisbury. Through this, I became aware of a profound power of love and compassion people showed for one another. These came largely in interacting with Josh's art piece *Big Love*,

a 3D printed object he created with an intention of people taking pictures with their loved ones. Our friends and acquaintances took time to locate it during the Festival and took some fantastic pictures with their friends and families. Some spread the words for us to take pictures and share in social media. Others advocated for it to become a permanent fixture in the city. The buzz of his art object has not stopped since then. I am grateful for all of my friends who have enjoyed the object and helped us spread the words out. I also know that others who did not know anything about the artist or social media impact we were trying to create, also enjoyed it because of its theme: Big Love. It was fitting as the city became one to host a big event. Many of us needed a reminder of what love can do, as we are constantly exposed to current events that devastate and depress us on a daily basis. I am very proud of my husband for coming up with the design and the art piece that has such an impact on many people.

I look forward to seeing many of you at our 50<sup>th</sup> anniversary conference in Rhode Island in March. With much love and compassion!

## GIVING BACK TO AWP

Are you interested in joining  
our Implementation Collective?

Contact our Staffer/Regional Coordinator Clare Mehta  
at [mehtac@emmanuel.edu](mailto:mehtac@emmanuel.edu)

Would you like to host our annual Conference  
in the future?

Contact our Conferences Liaison Elizabeth Bennett  
at [bennette1@duq.edu](mailto:bennette1@duq.edu)



Do you want to contribute your writing  
to AWP Newsletters?

Contact our Newsletter Editor Yuki Okubo  
at [yxokubo@salisbury.edu](mailto:yxokubo@salisbury.edu)

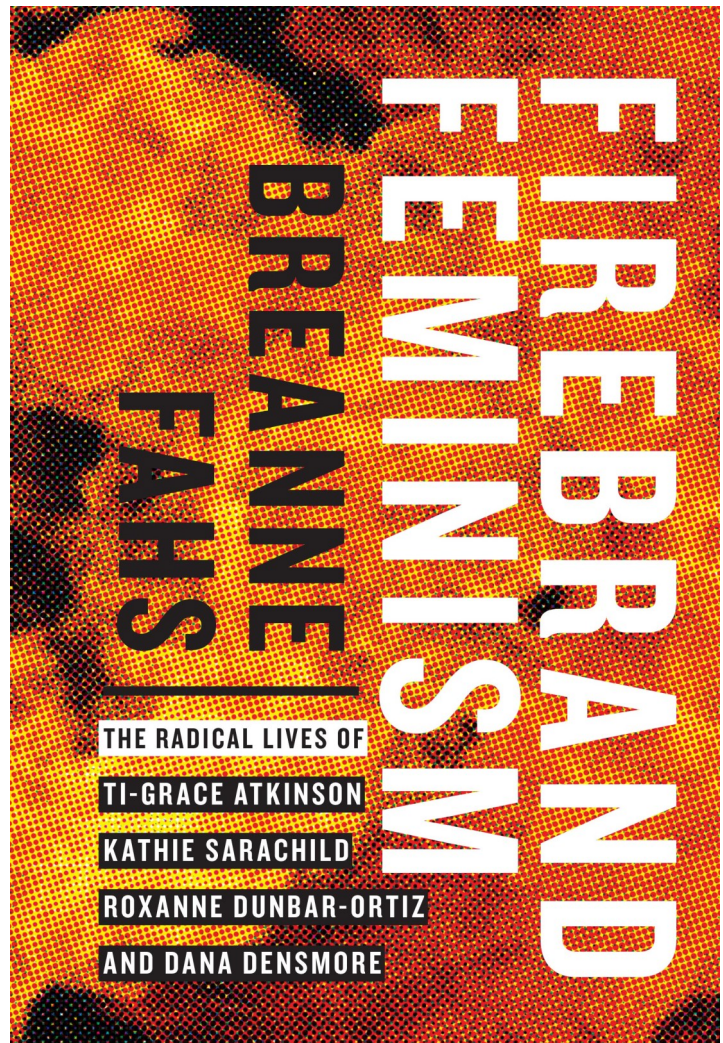
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Contact our Treasurer Nikolai Houston  
at [nikolaihouston@gmail.com](mailto:nikolaihouston@gmail.com)

## FIREBRAND FEMINISM BY BREANNE FAHS

I have a new book out which may be of interest to AWP members. It is called *Firebrand Feminism: The Radical Lives of Ti-Grace Atkinson, Kathie Sarachild, Roxanne Dunbar-Ortiz, and Dana Densmore* (University of Washington Press, 2018). The book description reads: Unapologetic, troublemaking, agitating, revolutionary, and hot-headed: radical feminism bravely transformed the history of politics, love, sexuality, and science. In *Firebrand Feminism*, Breanne Fahs brings together ten years of dialogue with four founders of the radical feminist movement: Ti-Grace Atkinson, Kathie Sarachild, Roxanne Dunbar-Ortiz, and Dana Densmore. Taking aim at the selfishness of the right and the incremental politics of the liberal left, they defiantly and fiercely created a new kind of feminism in the late 1960s.

*Firebrand Feminism* provides a timely and historically rich account of these audacious women and the lasting impact of their words and work. This unique and provocative book unites second- and third-wave feminism and creates a much-needed intergenerational dialogue about the utility of feminist rage, the importance of refusal, the changing politics of sex and love, trans rights, and tactics to start (and continue) a revolution.

Please support my work and buy the book from your local or university bookstore, or, of course, Amazon. Thank you!



## STAY CONNECTED VIA SOCIAL MEDIA



AWP Twitter: [@AWP\\_1969](https://twitter.com/AWP_1969)



AWP Facebook page:  
<https://www.facebook.com/groups/29473119739/>



Conference website:  
[https://www.awpsych.org/2019\\_conference.php](https://www.awpsych.org/2019_conference.php)



Conference email:  
Mary Zahm at [mary.zahm@bristolcc.edu](mailto:mary.zahm@bristolcc.edu)  
and Kat Quina at [kquina@me.com](mailto:kquina@me.com)

# THE 28TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS BY KAITLIN MCFADDEN

REGISTRATION NOW OPEN

*Feminist Relational Perspectives and Beyond:*

*Cultivating Hope in an Age of Disconnection*

NOVEMBER 9 - 11, 2018

Philadelphia Airport Marriott

17.5 CEs/CMEs Offered

Many eating disorder clients are experiencing unprecedented levels of stress and anxiety in a polarized society where anger, prejudice, loss of civility, bullying and threats to personal safety create an atmosphere of distrust and disconnection. Practitioners are tasked with helping clients navigate their way through emotionally-charged times by providing them with optimism, prompting dialogue that supports diverse needs and creating a sense of community. Conference 2018 will focus on evidence-based strategies, clinically relevant research and development of skills for building resilience.

## Keynote Presentations:

*Shame and Survival*

Monica Lewinsky

*Good and Mad: The Power of Anger*

Rebecca Traister

*Hope for the Future: Reinventing the Way We Work With Millennials*

Ron Taffel, PhD

*Psychotherapy Research for the People: Can Feminism and Science Co-exist?*

Heather Thompson-Brenner, PhD (Moderator)

Amy Banks, MD

Stephen Wonderlich, PhD

## Featured Workshops:

*Finding Hope at the Intersection Between Indigenous Knowledge and Western Science*

Anita Johnston, PhD, CEDS

This workshop explores how traditional and western systems of knowledge offer multiple points of entry into a contemporary understanding of eating disorders, by examining the interface between indigenous oral traditions, modern neuroscience and present day psychotherapy.

*Social Justice and Eating Disorders: Let's Move Forward Together*

Marcella Raimondo, PhD, MPH & Andrea LaMarre, MSc

This workshop asks participants to reflect, authentically, on how to best create eating disorders treatment equity.

*Hidden Voices: Understanding the Nuances of Eating Disorders in African American Women, Men and Children*

Carolyn Coker Ross, MD, MPH, CEDS & Lesley Williams, MD, CEDS

This workshop examines why these populations remain less likely to seek treatment, and explores how best to identify and help everyone who suffers with an eating disorder.



# THE 27TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS (CON'T)

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### ***Intersectional Treatment of Body Image – Embodied/Cultural Curious Therapists***

**Robin Hornstein, PhD**

This presentation describes intersectional therapy and the significance of an embodied, culturally curious therapist. It illustrates how knowing oneself as a therapist promotes the treatment of marginalized, misunderstood or oppressed clients, by holding space for their social and cultural experiences, and helping them manage what oppression does to their bodies.

### ***Promoting Body Trust® in Your Work***

**Dana Sturtevant, MS, RD & Hilary Kinavey, MS, LPC**

Informed by a combination of approaches to disordered eating, especially the concepts of Health at Every Size® and Intuitive Eating, this workshop explores and illustrates how a focus on Body Trust® offers tools to heal body shame and promote movement towards a more compassionate model of self-care.

### ***The Invisible Crisis: Eating Disorders Among Asian American Women***

**Hue-Sun Ann, PhD**

This workshop identifies risk and protective factors regarding eating disorder development among Asian Americans, and reviews salient treatment issues including barriers to treatment, the role of racial identity and acculturation.

### ***Bringing Men into the Conversation: Transforming a Misogynistic #MeToo Culture***

**Margo Maine, PhD, FAED, CEDS, Marvice Marcus, PhD & Douglas W. Bunnell, PhD, FAED, CEDS**

In this workshop, members of Renfrew Men's Networking Committee discuss the role men can play to challenge the systemic harassment, gender discrimination and toxic culture that objectifies and dismisses women, contributing to deadly eating disorders. This interactive conversation will explore how our professional community could contribute to a much-needed "men's movement."

### ***Healing Through Creativity: The Body in LGBTQ+ Clients***

**Heidi Dalzell, PsyD, CEDS & Kayti Protos, MSW**

This presentation explores body trauma and describes the healing potential of the creative arts.

### ***The One that Got Away: Women's Choices, Women's Voices***

**Natasha Weston, MS, LPC**

This workshop explores the 'choices' these women have made politically, philosophically and therapeutically, and offers therapists ways to help clients consider future choices.

## THE 27TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS (CON'T)

### ***Treating the Mother: Eating Disorders in Pregnancy and Postpartum***

**Jennifer McGurk, RDN, CDN, CEDRN & Christine Knorr, LCSW**

This workshop illustrates how to treat eating disorders effectively during pregnancy and the postpartum period.

### ***Culture Jamming: Creative Resistance to Toxic Culture in Eating Disorder Recovery***

**Sondra Rosenberg, ATR-BC**

This workshop outlines an art therapy program to help patients resist and reframe the cultural matrix where recovery must take root.

### ***Millennials Rising! Therapeutic Relationship Skills for Dysregulated Patients and Changing Sensibilities***

**Ron Taffel, PhD**

This “how-to” workshop describes therapist relationship skills for these patients, including: non-hierarchical collaboration; texting as mindfulness; staying remembered; addressing socially embedded substance use; effective advice-giving; and the “crafts” of therapist authenticity, unscripted conversation, and the use of praise.

### ***Breakfast Discussion: Working With Women at Midlife And Beyond***

**Holly Grishkat, PhD & Karen Samuels, PhD**

Age does not immunize women from the pressures associated with eating disorders and body image disturbance. An engaging discussion around the special treatment focus so necessary for this often overlooked population will be preceded by a brief overview on midlife eating disorders.

### ***Celebrating Diversity Lunch***

**Cindy Gretzula, RN & Paula Edwards-Gayfield, MA, LPCS, CEDS, NCC**

Please join us for our second annual networking luncheon devoted to celebrating diversity. This will be an opportunity for practitioners to support each other and share successes and challenges in dealing with race/ethnicity, sexual orientation, gender identity, and other dimensions of diversity in the treatment of eating disorders.

For more information or to register please visit [www.renfrewconference.com](http://www.renfrewconference.com) or contact Kavita Patel at 1-877-367-3383 or [kpatel@renfrewcenter.com](mailto:kpatel@renfrewcenter.com).



## ANY IDEAS FOR A COLUMN?

Have you ever thought about writing a column for a newsletter?  
Do you have a story you would like to share with the membership?  
I would be happy to consult with you with any ideas you may have to contribute to the future newsletters.

Please contact me at [yxokubo@salisbury.edu](mailto:yxokubo@salisbury.edu)

## CALL FOR AWP AWARDS

### 2018 Distinguished Publication and Career Award

**Distinguished Publication Awards** are given annually for published works that make significant and substantial contributions to research and theory that advance our understanding of the psychology of women and/or gender, as well as promote the goals of the Association for Women in Psychology. The awards are given for work published in the prior calendar year and are announced at the annual meetings of the American Psychological Association. Recipients of the awards are invited to present on their work at the AWP conference the following year. The awards have been made since 1977 and a full listing can be found here: <https://www.awpsych.org/awards.php>. Questions regarding the award can be directed to Dr. Carla Golden, Professor of Psychology at Ithaca College at [golden@ithaca.edu](mailto:golden@ithaca.edu).

Nominations for the 2019 Distinguished Publication Award should be sent to Carla Golden by May 31<sup>st</sup> and can only include books or articles with a 2018 publication date.

The **2018 Distinguished Publication Awards** go to:

**Dr. Niva Piran**, Professor Emerita of the University of Toronto for her book *Journeys of embodiment at the intersection of body and culture: The developmental theory of embodiment*. (published by Academic Press, an imprint of Elsevier, 2017)

*Journeys of Embodiment* makes a significant and substantial contribution to our understanding of diverse girls' and women's experience of embodiment by offering an integrative, intersectional developmental theory of how women are socialized into disempowerment in patriarchal culture. Drawing extensively on interviews with girls and women (aged 9 through 70), Dr. Piran employs the metaphor of "corseting" to describe the physical, mental and social constrictions increasingly imposed on girls as they mature. The theory documents in painful detail how individual experiences intersect with cultural discourses to systematically disrupt the freedom of movement and joyful inhabiting of the body that young girls experience. The model not only delineates how "docile bodies" are created, but articulates the positive dimensions of healthy embodiment, including comfort in one's body, sense of agency, freedom to feel and express desire, attuned self-care, and resistance to objectification. Dr. Piran ends with practical recommendations to inform the work of therapists and to transform health and education policies and practices.

**Dr. Emily Keener** (of Slippery Rock College) and **Dr. Clare Mehta** (of Emmanuel College) for their editorship of the double **Special Issue of Sex Roles: A Journal of Research** devoted to **The Past, Present, and Future of Masculinity, Femininity, and Gender: Honoring Feminist Scholar Sandra Bem (1944-2014)**, volume 76, 9/10 (May 2017) and 11/12 (June 2017).

This special issue offers a rich collection of 21 original articles (empirical, review, and theoretical) that explore the legacy of feminist scholar Sandra Bem, showing the revolutionary and generative nature of her broad body of work on gender inequality. Specific articles look at contemporary thinking and application of Bem's ideas with regard to masculinity, femininity, and androgyny; gender development and gender schema theory; and the three powerful "lenses of gender"- androcentrism, biological essentialism, and gender polarization - that are still with us today. Dr. Keener and Dr. Mehta have done a magnificent job, and clearly a prodigious amount of work, pulling together this double issue (Volume 76) of *Sex Roles*. In doing so, they make a significant and substantial contribution to feminist psychology by honoring the groundbreaking legacy of Sandra Bem and showcasing the range of compelling work it inspired.



## CALL FOR AWP AWARDS (CON'T)

### 2018 Distinguished Publication and Career Award

**Distinguished Career Awards** are given periodically by the Distinguished Publication Awards Committee (of the Association for Women in Psychology) to honor a former DPA winner. The Distinguished Career Award goes to a person whose career has made a significant, substantial, and sustaining contribution to research and theory advancing our understanding of the psychology of women and gender while also promoting the goals of the Association. A full listing of the Distinguished Career Awards can be found here: <https://www.awpsych.org/awards.php>. Questions regarding the award can be directed to Dr. Carla Golden, Professor of Psychology at Ithaca College at [golden@ithaca.edu](mailto:golden@ithaca.edu).

The **2018 DISTINGUISHED CAREER AWARD** goes to:

**Dr. Ellyn Kaschak**, Emerita Professor of Psychology from San Jose State University and currently Visiting Professor at the University of Peace in Costa Rica, for her distinguished career. In shaping the development of feminist therapy. From her early critiques of sexism in family therapy to her part in establishing pioneering feminist therapy collectives, from her LGBT rights advocacy to her scholarly interest in feminist epistemology, she has been in the forefront of defining how feminist therapy can address the complexity and diversity of women's lives. Her tireless work to spread the reach of feminist therapy services, her bilingual research and community work on gender in Latin America, and her campaign to label rape as a war crime in the former Yugoslavia, all speak to her outstanding dedication and passion as a crusader for the rights of women everywhere. Among her many notable publications are two books, *Engendered Lives: A new psychology of women's experience*, and *Sight Unseen: Gender and race through blind eyes*, and her 20-year editorship of *Women and Therapy: A feminist quarterly*. Taken together, Dr. Kaschak has made a significant, substantial, and sustained contribution to research and theory advancing our understanding of the psychology of women, as well as promoting the goals of the Association for Women in Psychology.

### Florence Denmark Distinguished Mentoring Award

In 2004, our foremother Florence Denmark generously donated funds to AWP that allowed us to create a new mentoring award. The Florence Denmark Distinguished Mentoring Award has been created to honor Florence's work as a selfless mentor of women around the world. Since the inception of this award, we have honored many feminist mentors, and I'd like to ask the past Florence Denmark Distinguished Mentoring Award winners from past years to stand and be acknowledged as we know their mentorship continues with new generations of students. Please join me in honoring again Kat Quina, Joan Chrisler, Angela Gillem, Maureen McHugh, Niva Piran, Sue Morrow, Ann Fischer, Bonnie Moradi, Glenda Russell, Irene Frieze, Kathryn Norsworthy, and Alexandra Rutherford. Thank you for continuing to mentor your students, befriend your colleagues, and inspire the feminist psychology work that is central to our Association.

This annual award is presented to a feminist leader who continues in Florence's foot steps in providing mentorship and inspiration to all women. I am fortunate to describe this year's award winner, and present the \$200 award. (Continue to next page)

## **Donna Hawxhurst as a Recipient of Florence Denmark Distinguished Mentoring Award**

This award recipient, like all Florence Denmark Award recipients, is known as a mentor who lives and breathes feminist multicultural values in her work with mentees. She “engages with others with cultural humility, attention to power dynamics, and a great willingness to take a deep look at her own internalized messages of bias in order to continue working for liberation and social justice.” One student indicated that “it was not easy to find mentors that welcome diverse aspects of my experience in a professional context. She allowed me to bring my cultural background, ideas of the world, and identity as a Latina” to the shared work.

This mentor carefully helps students to grow during their formal time together. She creates an “environment where dialogue and differing perspectives are welcomed and feedback is always invited.” She challenges students to grow and pushes them to grow “within a foundation built on respect and care.” She uses “effective scaffolding to push students “into areas of discomfort in order to grow and learn.” Students “feel safe to reflect deeply and share experiences in an authentic way.” She has a “thoughtful and quiet presence,” casting a “positive glow” to those around her. She has “much wisdom to impart to those in her presence, whether they interact with her directly, observe her grace, or believe they are unnoticed.” “She does not disturb the environments she enters because she is careful where she treads.”

This mentor builds a “community of feminists” and continues the mentoring relationship long after the students have moved into their professional roles. The mentees continue to use her model of mentoring of feminist values in their own work. One former student indicated that the constant support and respect she received during a particularly difficult time continues to guide her actions. The student said, “her influence is clearly felt in the way that I interact with others.” Another student indicated that this mentor “is one of the main reasons that I am a feminist fighter. When I don’t achieve the outcome I desire, her voice is the one I hear inspiring me to keep going.” Another student shared, “To this day, in my own teaching, group facilitation, activism and clinical work, I often think, ‘What would this mentor do?’”

One of the mentor’s former students provided a list of what she learned from this mentor. Since these are lessons that we can all benefit from, the list is included here: “(1) Take care of yourself first and then help others around you, (2) Eat healthy and enjoyable meals, (3) Get into nature because it is restorative, (4) Restoration comes from exercise, connecting with others and with yourself, (5) Practice integrity, (6) Do what you love and support others to find their callings, (7) Befriend like-minded others, (8) Notice when others are struggling and lend a helping hand, (9) Share resources and be a decent human being, (10) Even though it’s not about the title or label, give feminism a good name and make feminists proud to identify as such.”

For these lessons and many others she shares with students, former students and colleagues every day, for intentionally changing how students see their roles as mental health professionals, and for her tremendous impact on the feminist psychology community, AWP is honored to present the annual Florence Denmark Distinguished Mentoring Award to Donna Hawxhurst!

## SPECTRUM 2019-2020 Award: Award for Research Excellence in LGBTQ+ Psychology

We are pleased to announce AWP's fourth annual SPECTRUM Award to reward and encourage research on the Psychology of the LGBTQ+ Experience!

**Content:** The Association for Women in Psychology encourages submissions of theoretical and empirical manuscripts that address the psychology of marginalized gender and sexual identity populations, including but not necessarily limited to those who identify as lesbian, gay, bisexual, transgender, non-binary, genderqueer, genderfluid, and/or queer. Manuscripts focusing on any topic relevant to the psychology of populations of marginalized gender and sexual identity status are invited.

**Eligibility:** Individual and jointly authored manuscripts are eligible. Manuscripts (conference papers, dissertations, journal articles, or other manuscripts) can be unpublished, under review, accepted for publication or published. (Note: If you are submitting a published manuscript for consideration, please provide full citation and note that no manuscripts published PRIOR to May 1, 2018 will be considered). Manuscripts not more than 50 pages are recommended. Entire books are not eligible. Members and nonmembers of the Association for Women in Psychology are eligible to apply.

**Deadline: June 1, 2019**

**Evaluation:** Submissions must be made by manuscript author(s) to Erin Hipple ([eehipple@gmail.com](mailto:eehipple@gmail.com)) by 11:59pm (Eastern Standard Time) on June 1, 2019. Please send your submissions via email with the following email subject line: *AWP 2020 Submission*. Please include two documents in your submission (Word or PDF), one document containing the manuscript with no identifying information (including only the title, abstract, and manuscript body) and a second document containing contact information (i.e., author name(s) and contact information along with the title, abstract, and manuscript body). A panel of SPECTRUM committee members will review the anonymous manuscripts. Submissions will be evaluated on the basis of sound methodology, clarity of writing, and relevance to the advancement of the psychology of gender and sexual minorities.

**Award:** The award winner will receive a \$250 honorarium and will be given the opportunity to present their research at the 2020 Annual Association for Women in Psychology conference. The award winner will be notified by email and announced at the American Psychology Association convention in August (the winner is not required to attend the APA award ceremony, but is strongly encouraged to present their work at a special awards symposium at the AWP conference). Please email Erin Hipple with any questions you may have at [eehipple@gmail.com](mailto:eehipple@gmail.com).



# AWP IMPLEMENTATION COLLECTIVE MEETING MINUTES

## AWP Implementation Collective Meeting

Meeting Minutes June 15-16, 2018

Pittsburgh, PA

Present: Jessica Barnack-Tavlaris (Membership), Elizabeth Bennett (Conferences Liaison), Keely Hirsch (Suite Coordinator), Nikolai Houston (Treasurer), Clare Mehta (Staffer), Yuki Okubo (Newsletter Editor), Sharon Siegel (Collective Coordinator)

Absent: Aliya Khan (Communications), Riddhi Sandil (WOC Coordinator)

### Friday, June 15, 2018

2018 Conference	<ul style="list-style-type: none"> <li>• Debriefing</li> </ul>	<ul style="list-style-type: none"> <li>• Calculate revenue</li> <li>• Ask interested parties to host a future conference</li> </ul>
Staffer	<ul style="list-style-type: none"> <li>• Liaisons to UN and Division 35</li> </ul>	<ul style="list-style-type: none"> <li>• Clare will ask UN representative to identify a deadline for report submission.</li> </ul>
Newsletter	<ul style="list-style-type: none"> <li>• Archiving Newsletters</li> <li>• Viewing of Newsletters</li> <li>• Placing Ads in Newsletters</li> <li>• Awards</li> </ul>	<ul style="list-style-type: none"> <li>• Archived newsletters will be sent to the Center for the History of Psychology at U. of Akron. Aliya will let former Newsletter Editor know of this process.</li> <li>• Yuki will send all newsletters to CHP at roll off.</li> <li>• 138 clicks for Spring 2018 Newsletter</li> <li>• Placing an advertisement in newsletter will be free. Fiscal document will reflect this change.</li> <li>• Ask for nominations in future for Ladd-Franklin and Doris Howard Awards in the newsletters.</li> </ul>
Treasurer	<ul style="list-style-type: none"> <li>• Tax Report</li> <li>• Featured Feminist Science Symposia Series</li> <li>• Credit Card &amp; PayPal Account</li> <li>• Treasurer Manual</li> </ul>	<ul style="list-style-type: none"> <li>• 2015 was submitted; 2016 is almost done; 2017 is waiting on Milwaukee conference financial report</li> <li>• Email will be send to Milwaukee Conference to receive their financial report by 7/1/2018</li> <li>• 3 honorees were paid to attend AWP 2018.</li> <li>• Clare will be in touch with Mindy for history and future directions.</li> <li>• Elizabeth (Conference Coordinator) and Keely (Suite Coordinator) now have credit cards.</li> <li>• Nikolai will change the account information to reflect the current IMPs.</li> <li>• Information on bank account will be added.</li> </ul>

# AWP IMPLEMENTATION COLLECTIVE MEETING MINUTES (CON'T)

**Friday, June 15, 2018**

Specific Topic	Discussion Points	Actions/decisions
Website/Communications	<ul style="list-style-type: none"> <li>2019 Conference</li> <li>Website</li> <li>Roll Off</li> </ul>	<ul style="list-style-type: none"> <li>Conference information is up on the website</li> <li>Conference call to be had with Liz, Elizabeth, Jess, and Aliya re: website.</li> <li>March, 2019</li> </ul>

**Saturday, June 16, 2018**

Specific Topic	Discussion Points	Actions/decisions
Women of Color Coordinator	<ul style="list-style-type: none"> <li>Strategic Planning Consultant</li> </ul>	<ul style="list-style-type: none"> <li>Have Teri Norton to come to AWP 2019 Conference and join the IMPs for 6/2019 meeting.</li> </ul>
Suite Coordinator	<ul style="list-style-type: none"> <li>Awards</li> </ul>	<ul style="list-style-type: none"> <li>Need to consolidate which awards are given at AWP and at APA.</li> <li>Clare and Yuki to figure the above task out.</li> <li>Conference call with Division 35 leadership after APA 2018.</li> </ul>
Membership	<ul style="list-style-type: none"> <li>Updating membership list</li> </ul>	<ul style="list-style-type: none"> <li>Jess to be added to Vieth system.</li> <li>Aliya and Jess to have a conference call with Vieth to edit the membership information in Vieth system.</li> <li>If their membership has lapsed, remainder of 2018 is free if they pay for 2019 membership.</li> </ul>
Staffer	<ul style="list-style-type: none"> <li>Website/Communication</li> <li>WOC Coordinator</li> <li>Treasurer</li> <li>Newsletter Editor</li> </ul>	<ul style="list-style-type: none"> <li>Have nominations for all positions.</li> <li>Treasurer position to overlap on 6/19.</li> </ul>
Conference Coordinator	<ul style="list-style-type: none"> <li>2020 Conference</li> </ul>	<ul style="list-style-type: none"> <li>Work with Karma Couch for hotel contract</li> </ul>
Fiscal Policy	<ul style="list-style-type: none"> <li>Revisions to be made</li> </ul>	<ul style="list-style-type: none"> <li>Riddhi and Nikolai to work on consolidating the document and move others to respective guide document for each position.</li> <li>Yuki will review the awards description.</li> <li>IMP Guide: Aliya will work on it.</li> </ul>
Treasurer	<ul style="list-style-type: none"> <li>2019 Conference</li> </ul>	<ul style="list-style-type: none"> <li>\$8500 given to Rhode Island Conference Team for 2019 Conference.</li> </ul>
2018 Conference	<ul style="list-style-type: none"> <li>Letter to Sara Martino</li> </ul>	<ul style="list-style-type: none"> <li>CoCo will send.</li> </ul>
2019 Conference Programming	<ul style="list-style-type: none"> <li>WWUR and WOC sessions</li> <li>IMP sponsored session</li> </ul>	<ul style="list-style-type: none"> <li>Jess will explore the options.</li> <li>None for 2019. Will revisit for 2020.</li> </ul>

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Since 1969**



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# AWP Implementation Collective

## Collective Coordinator

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## Newsletter Editor

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## AWP Mission Statement

AWP is a diverse feminist community of psychologists and allied professionals invested in the integration of personal, professional, and political power in the service of social justice.

We challenge unexamined privilege and dominant discourses that marginalize and oppress within psychology and the wider society.

AWP accomplishes this by promoting feminist scholarship, teaching, practice, and networking, and through mentoring, activism, and influencing public policy.

